

OUR MISSION

The Arc of Spokane Advocacy & Family Support Team provides information, education, resources, support, and advocacy to people with developmental disabilities and their families. Our goal is to help people become more informed and to empower people to become better equipped to access the services and supports they need. We promote independence and choice and respect the values and perspectives of families. We strive to be responsive to the needs of families and provide the understanding and support that families need.

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Our Freedoms, Our History

Deanna Noland

We take so much of our freedoms for granted in this country. So, as we celebrate the birth of our nation and the wonderful freedoms we enjoy today, let's take just a minute to reflect on how far we have come.

DID YOU KNOW?

- Institutions were touted as the "best hope for a future" for people with disabilities from the 1850's until the late 1970's.
- New parents were routinely told to "forget" about their new baby and send "it" directly to the institutions.
- New parents were often told that their child would never walk, talk, or any other "normal" activity.
- Institutions during this time usually had only 2 – 5 attendants for 150 patients.
- Children were often tied to their beds, with plastic nose-feeding tubes constantly fastened to their noses and hanging over the high bars of their cribs to make feeding time easier.
- The Social Security Act was created in 1935, but aide for people with disabilities were not made available until 1949.
- Most institutions were so overwhelmed with the number of clients with mental or developmental disabilities that no form of training or education was ever offered.
- As recently as 1979 it was legal for some state governments to sterilize persons with disabilities against their will.
- Other laws prohibited people with certain disabilities from marrying, or even from appearing in public.

Social prejudice kept children with disabilities out of the public schools, and sanctioned discrimination against adults with disabilities in employment, housing, and public accommodations.

Slowly, our society has changed, because we at the Arc, and countless other organizations and individual advocates fought for every change in the lives of people with disabilities. Some advocates had disabilities themselves, some were parents or family members, and others recognized that people were being institutionalized for no other reason than society didn't know what to do with them, and didn't want to be reminded that they existed.

We exist, and we have found our voice.

Freedom for all!

All information included comes from the Scrapbook/Archives (newspaper clippings from 4 local & 1 statewide newspapers; 1948–1991) of the Spokane County Parent Coalition, and the Senior Parent's Support Group.



Lance's Notes

While the cover article offers some of the history of people with developmental disabilities, I would like to address just a few of the gains that we have made over the

past 40 years.

House bill 90 "Education for All" passed in Washington State and the Individuals with Disabilities Education Act (IDEA) passed at federal level to allow children with disabilities to attend public school.

Community services were established and the vast majority of people with developmental disabilities are now living in their communities.

The Americans with Disabilities Act passed including provisions about accessibility of public buildings, transportation and discrimination.

Employment programs were funded recognizing that people with developmental disabilities have skills and can work.

These landmark examples promote the value that people with developmental disabilities will live typical lives in their communities. The things listed also increase the expectations for people with developmental disabilities and their access to the community. They provided accessibility such as curb cuts, ramps, automatic doors, elevators, and even public transportation. They opened the doors of our public schools to all children so that both people with and without disabilities could benefit. They recognize that people with developmental disabilities have skills to bring to the workforce and this increases a persons quality of life by earning money and paying taxes as well as decreasing their dependence upon government supports. In addition employment increases a persons self esteem and develops relationships to battle loneliness and isolation.

Parents organized and founded The Arc of Spokane in 1950 and the Spokane County Parent Coalition was formed in 1998. We have been advocating ever since and now self-advocates have taken their rightful place in the overall advocacy effort.

Are we done yet? **No**, and we will keep on advocating until the barriers that face people with developmental disabilities are gone and there is a level playing field and equal opportunities for all. We are on the right path and we need to remain true to our long term goal of people living typical, productive and meaningful lives in their communities.



Our Readers

Advocacy & Family Support is produced monthly and provides information to parents, grandparents, guardians, other family members, professionals and other adults who have a person with special needs in their life. We encourage you to copy and share this information. Please credit *The Arc of Spokane Advocacy & Family Support* and, where possible, the author.

Submissions

Please send submissions for our next issue by August 20 to (there will be no August newsletter):

Deanna Noland
The Arc of Spokane
127 W. Boone Ave.
Spokane, WA 99201
(509) 328-6326
dnoland@arc-spokane.org

Mailing List

If you would like to be added to, or removed from our mailing list, please call Deanna Noland at (509) 328- 6326.

E-mail List

To receive this newsletter in PDF format via email, visit www.arcsokane.org/maillinglist.htm and click on the link for **Advocacy & Family Support**. At that location you may also subscribe to lists for Local Events, Statewide Events, Legislative Advocacy and The Arc-Lite newsletter.

Disclaimer

The inclusion of any article or resource in this newsletter does not imply endorsement. Contents are intended for informational purposes only.

Cathie's Notes

"Summer, oh heavenly summer weatherthank you for coming"! I don't know about you but I prefer warmer weather the older I get. I noticed today that several of my rose bushes have large blooms already. I haven't even cleared away the protecting around the base of them but they are blooming!!! I love the aroma of roses early in the morning when I am having my coffee or drinking ice tea before going to work.

I thought perhaps that some of you would be interested in helping out wildlife during the summer months too. I know that I had to look up some ways my family could make it easier for birds and rabbits to live this summer. There are some very easy ways to create areas just to help animals enjoy the summer a little more.

Just by planting shrubs and trees that have a variety of heights you can give wildlife layers of vegetation to move around in. Different birds nest at different heights off the ground. The more choices they have, the more who will stay around.

Look for ways you can keep water available too. By putting a shallow, flat container under your drip heads for the garden you will create a place for small animals and birds to get a drink. You can create a circle of river rock and put some sand in it to help birds who want to clean themselvesI know it seems funny that they would want to roll and flutter in the sand to clean themselves....but they love it.

Your hummingbird feeders should be out by now since it is warmer. Usually they say to put them out by the end of April but this year it was way too cold to do that. I plant flowers and bushes that attract them because I love to see them flittering by in the mornings and early evenings.

And one more thing to remind you of as we go into summer....please do not leave your garage door open and leave to go into the house without shutting it again. Thieves can steal many of your possessions in just a few secondseven by the time you go into the house to get a drink and come back out. They are very quick about it.

It is time to have an air-conditioner serviced before the really hot weather arrives and more people want new units put in. Most companies will already be scheduling their check up appointments so you need to set up one for your home too.

We have several families that we expect to have making purchases in the next few months. HomeChoice money is available again and we can use their down payment with our own to make a more affordable purchase price. If you are interested in meeting with me to start the process let me know right away.

Have a safe, and healthy summer as our next newsletter will come out in September.

Cathie

Here are a few practical measures to help ensure your home is safe while you are away.

- ❖ Lock all doors and windows. Check your alarm system to make sure it's working properly.
- ❖ Leave a phone number where you can be reached with a trusted neighbor, and let them know the dates you'll be away so they can keep an eye on your home.
- ❖ Cancel your mail and newspaper delivery or have a neighbor pick them up for you.
- ❖ Give the appearance that your home is occupied by setting a timer that turns lights and a radio or TV on and off.
- ❖ If you're leaving your car at home, park it in the driveway instead of the garage, or have a neighbor park their car in front of your house.
- ❖ Don't close all your blinds and shades—it's a tip-off that no one is home.
- ❖ Never leave your house key hidden under a doormat, in a flowerpot or on the ledge of a door. They're the first places a burglar looks.
- ❖ Don't change the outgoing message on your answering machine to say you're out of town.
- ❖ Make sure you have an updated inventory of personal belongings for insurance purposes. Keep receipts and photos or video of your belongings in a fire-resistant container or in a location away from your home.



**HomeOwnership
Opportunities**





Hello All!

Good News! The grant that supports The Partnership has been renewed!!! This means I can plan for next year. What's going to be new and different? For starters, I hope to have a "girls group" here at the Arc for young women who have already completed their public school educations and are considering or are already in relationships. I haven't worked out the details yet, but will keep you informed as plans progress.

I am also starting a "guys group". The first one will be at the Images program at SCC (you may have read about it in the last Arc Light newsletter). If this is successful, I'd also like to offer it at the Arc to young men who have completed their public school education.

What I'm really excited about is the conference I just attended, the WISE (Washington Initiate for Supportive Employment) annual employment conference in Ellensburg. The theme this year was "Entertain the Possibilities". I saw Josh Blue, a professional comedian, with Cerebral Palsy, and a dance troupe of young people with developmental disabilities.

For the first time in my life, I experienced what society would look like if people with disabilities were fully included. It was funnier, nicer, and somehow more vibrant and I realized how secluding people with disabilities from the general population is not only a disservice to the people with disabilities but to society as a whole.

As Kathy Snow says "disability is natural" . By cutting a section of the natural population from the whole, something of great value is lost. I see now that inclusion is not just for the benefit of sons and daughters, brothers and sisters, clients and students with disabilities, but for the benefit of all members of society. Everyone wins with inclusion. Have a great summer! See you in the Fall.

Stay Safe!

Supporting young adults to be self determined and independent

I have so many friends with disabilities complaining to me that their parents and families aren't supporting them to get what they want and need in their lives. So, parents reading this might be thinking this kid isn't about to tell me how to raise my child. You would be right, that is not my place. The following are just suggestions on how you can support the self-determination, choice and independence of your young adult with developmental disabilities.

So let's kick this off by talking about self determination and choice. When ever possible you should let your young adult make their own decisions on what they want and need in their life. You should give them sound advice to help them make their decisions. Sometimes they might not make the best choices. In order for them to learn and grow they need to be able to make mistakes and learn from them. Another way to put this would be to give them the dignity of risk.

If your young adult is working towards an employment goal, work with them to get what they want and try to avoid making career decisions for them. Instead ask them what they want and help them get it. This may take a lot of intensive planning but in the end it will be worth it. Help them as they stride towards their goals whatever they may be.

If your young adult wants to live independently, explore the possibilities. They will need a lot of help and support and this might be a very tough time for you as a parent. Help them make a plan to learn the life skills that they will need and then help them look at the possibilities. Help them explore the resources that might be needed to live like money and assistance. If they have pets this might limit some possibilities but remember under the ADA, service/companion animals cannot prevent them from finding housing.

Help your young adult do the things they are interested in. Let them pick their own friends and who they choose to have relationships with as long as it is healthy. Assist them to do what they want to with their lives.

Independence and choice is something that can motivate your young adult. The power of being in control of choices in their lives is greater than anything that you could ever give them. I hope these suggestions and ideas help you in supporting your young adult's independence. I would also recommend watching a movie called "The Other Sister". It's a great movie about a young woman with a disability who is determined to be independent. Her parents struggle with the idea at first but then support her 110%. If you have any Questions, comments, debates please call or e-mail me at the office. I would love to chat with you.

THE DIGNITY OF RISK

What if you never got to make a mistake?

What if your money was always kept in an envelope where you couldn't get it?

What if you were never given a chance to do well at something?

What if your only chance to be with people different from you was with your own family?

What if the job you did was not useful?

What if you never got to make a decision?

What if the only risky thing you could do was act out?

What if you couldn't go outside because the last time you went it rained?

What if you took the wrong bus once and now you can't take another one?

What if you got into trouble and were sent away and you couldn't come back because they always remember your trouble?

What if you worked and got paid \$.46 an hour?

What if you had to wear your winter coat when it rained because it was all you had?

What if you had no privacy?

What if you could do part of the grocery shopping but weren't allowed because you couldn't do all of the shopping?

What if you spent three hours every day just waiting?

What if you grew old and never knew adulthood?

What if you never got a chance?

From Linda Stengle's book, "Laying Community Foundations for Your Child with a Disability."



SCPC Family Scholarship Fund



The SCPC Family Scholarship Fund was established in 1999. The purpose of this fund is to assist parents, foster parents, guardians, siblings, or other family members of children with developmental disabilities in Spokane County to attend workshops, conferences, seminars, or other trainings specific to the disability of their family member. Funding can be used for registration fees, respite care, travel expenses, fuel expenses, and/or lodging involved with attending an approved event.

For more information contact Lance Morehouse at (509) 328-6326. Or mail your applications to: Arc of Spokane, 127 W. Boone, Spokane, WA 99201



CENTRAL VALLEY SCHOOL DISTRICT NO. 356

North Pines Middle School

June 23 - July 25

Breakfast 7:30 - 8:15 a.m. & Lunch Noon - 12:45 p.m.

BREAKFAST Mon-Thurs	MONDAY Lunch	TUESDAY Lunch	WEDNESDAY Lunch	THURSDAY Lunch
Breakfast Break Muffin Low Fat Milk	Chicken Nuggets w/ranch dressing Fresh Fruit Frozen Fruit Bar Low Fat Milk	Mini Cheeseburgers Fresh Fruit Frozen Fruit Bar Low Fat Milk	Cheese Pizza Tossed Green Salad w/Ranch dressing Frozen Fruit Bar Low Fat Milk	Deli or Cheese Sandwich Fresh Fruit Frozen Fruit Bar Low Fat Milk

WEST VALLEY SCHOOL DISTRICT NO. 363

Centennial Middle School & WVHS

July 14-July 31

Breakfast 7:30 - 8:30 a.m. & Lunch 11:30 - 12:30 p.m.

Orchard Center Elementary

June 16-July 10
August 4-August 21

BREAKFAST Mon-Thurs	MONDAY Lunch	TUESDAY Lunch	WEDNESDAY Lunch	THURSDAY Lunch
Cereal Choice 1 Alternate Item Juice Low Fat Milk	Hot Entrée Fresh Vegetables Fruit Cup EIF Grahams Low Fat Milk	Hot Entrée Fresh Fruit & Vegetables Frozen Fruit Bar Low Fat Milk	Hot Entrée Fresh Vegetables Fruit Cup Low Fat Milk	Deli Sandwich Fresh Fruit & Vegetables Frozen Fruit Bar Cookie Low Fat Milk

No Cost-Seamless Federally Reimbursed Summer Program

Central Valley School District - 228-5414
East Valley School District - 241-5018
West Valley School District - 924-2150

- *Children 18 years and younger may be fed at no cost.
- *All children are eligible; no registration needed
- *Children may eat at any of these sites.
- *Children may eat on any or all days they wish (See dates for each site).
- *Meals must be eaten at the school site.
- *Meals served Monday - Thursday.

EAST VALLEY SCHOOL DISTRICT NO. 361

East Valley High

Breakfast 7:45-8:30 a.m.
Lunch 11:00 a.m.-12:15 p.m.

Trent Elementary

Breakfast 8:15-9:00 a.m.
Lunch 11:30 a.m.-12:15 p.m.

Otis Orchards Elementary

Lunch 11:30 a.m. - 12:00 p.m.

June 16 - August 14 at all three locations

For information on additional serving sites sponsored by East Valley call 241-5018

BREAKFAST Mon-Thurs	MONDAY Lunch	TUESDAY Lunch	WEDNESDAY Lunch	THURSDAY Lunch
Cereal /Muffin/ Animal Crackers Fruit Cup/Fruit Juice Low Fat Milk	Sub Sandwich Fruit Cup Fresh Veggies Teddy Grahams Low Fat Milk	Chicken Drumsticks Orange Juice Apple Quarters Cookies Low Fat Milk	Meat & Cheese Hoagie Fruit Cup Orange Quarters Graham Snacks Low Fat Milk	Aloha Sandwich Pineapple Cup Carrot Sticks Cookies Low Fat Milk

"In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity employer."

Stakeholder Meeting for ITEIP Services Review Project
DATE/LOCATION CHANGES – New Information

The Division of Developmental Disabilities has been directed by the Legislature to produce a report to the Office of Financial Management (OFM) and appropriate committees of the Legislature by November 1, 2008. We are asking for representatives from ITEIP stakeholder groups, school districts, counties, parents, and other interested parties to attend a community stakeholder forum in your area.

July 15, 2008	Seattle, Highline School District Office, 10:00 – 3:00 (Date/Location change)
July 16, 2008	Spokane, Esmeralda Center, 10:00 – 3:00; 3939 North Freya
July 17, 2008	Vancouver, ESD 112, 10:00 – 3:00
July 18, 2008	Yakima, Children’s Village, 10:00 – 3:00 (New Date/Location)

Box lunches will be provided. If you need a special request (i.e. vegetarian), please let Linda know when you register. The agenda for the day includes:

- Discussion of the draft report findings
- Brainstorming sessions
- Assistance to shape the final report

We would encourage each local lead agency to share this information with sub-contractors. An additional site has been added to enable more participants to attend. Participation may be limited by the size of the rooms; however, preference will be given to groups or “teams” who wish to attend. A team could include your local lead agency, school district staff, providers, DDD staff, and a parent.

The meetings will be held in various areas of the state for ease of travel. Even though participation may be limited, a diverse state-wide perspective is needed. If you are interested in attending this stakeholder’s forum, please contact Linda Jennings at jen-nill@dshs.wa.gov or 360-725-3514 for registration. If you have already registered, *but your date/location has changed*, please re-contact so we are sure you’re aware of the changes. Please include the name and email of each of your team members.

For general information call Gaye Jensen, DDD Project Lead at (360) 725-3419, jensegf@dshs.wa.gov, or Sandy Loerch Morris, ITEIP Program Director, at loerchsk@dshs.wa.gov or (360) 725-3516.



TOPSoccer (The Outreach Program for Soccer) is a community based soccer program that is designed to meet the needs of children beginning at age 4 years with physical and/or mental disabilities. The program is geared toward player development rather than to competition.

The Fall session begins Sept. 24 and continues every Wednesday for 6 weeks through Nov. 5 at the Spokane Indoor Center at 7320 E. Nora in Spokane Valley.

Registration: For new (never played with us or played with us before Spring 06), the fee is \$30.00. Returning players - \$25.00. The fee includes a shirt, socks, and 7 weeks of soccer with a coach and soccer buddy, if needed. A buddy is a volunteer who helps the participant throughout the session. There is an awards party after the last session.

Registration begins July 1 and will continue through Aug. 15 (We encourage early registration.) Go to www.spvjsa.org or www.sysa.com.

For registrations after Aug. 15 or questions, please contact Gus Schmauch at gschmauch@comcast.net or 892-5325.



valued lives

2008
September 24, 25 and 26
Yakima, WA

Regular Registration

Please send registration to
(no phone registration please)
Community Residential Services Association
P.O. Box 46602
Seattle, WA 98126
Or register on-line at www.valuedlives.com

Register early and save!

Registration is not final without payment

Stipend Registration

Please return stipend requests before **August 15th**
(no phone registration please)
Community Residential Services Association
P.O. Box 46602
Seattle, WA 98126
Or register on-line at www.valuedlives.com

Note Stipends are only for people with disabilities, their aides & their families. Please indicate how you qualify for a stipend.

- Person with a disability Aide Family Member
 Registration Fee Hotel Registration & Hotel

Type of Stipend Request:

Registration Information

Name _____ Male Female _____ Day Phone _____

Address _____ City _____ State _____ Zip Code _____

Organization _____ Email _____

⇒Important Please indicate below or contact Naomi Rue at (206)937-4055 or crsa-bizmanager@comcast.net if you'll need help to participate in the conference sessions. We will need to know by **August 15th** if you'll need an interpreter or other special assistance:

Registration Options

Pre Conference: September 24th, 10 am to 4:45 pm (please mark one) Includes pre-conference registration, coffee, lunch & refreshments	Prior to August 25th	After August 25th
<input type="checkbox"/> Families and Self-Advocates Session: <i>Rachael Simon-My Journey Through Life With My Sister</i>	_____ \$100 _____	_____ \$125 _____
<input type="checkbox"/> Support Staff Session: <i>Linda Rammner & Jacob Pratt- Why Do THEY do THAT?</i>	_____ \$100 _____	_____ \$125 _____
<input type="checkbox"/> Management Session: <i>Charlotte McDowell- 7 Habits for Highly Effective People - Introductory Workshop</i>	_____ \$100 _____	_____ \$125 _____
Conference: Begins Wednesday, September 24th at 7pm with Keynote and continues Thursday, September 25th through morning of Friday, September 26th Includes conference registration, evening social after the Wednesday evening keynote, breakfast, lunch, dinner, and evening Casino Night on Thursday 9/25, and breakfast on Friday 9/26 Cancellation Policy: A \$25.00 cancellation fee will be charged. No refunds after September 10th	_____ \$200 _____	_____ \$225 _____
	TOTAL ENCLOSED	TOTAL ENCLOSED

Registration Payment (Payable in U.S. funds only)

Total payment or A-19/ Purchase Order must accompany registration. If mailing registration and payment we will accept only checks or A-19/ Purchase Order. Credit cards may be used only with online registration at www.valuedlives.com

Make check or A-19/ Purchase Order payable to : Community Residential Services Association
P.O. Box 46602
Seattle, WA 98126

Creating opportunities
for people with
developmental
disabilities through . . .



The Arc[®] OF SPOKANE

127 W. Boone Ave.
Spokane, WA 99201
(509) 328-6326

Advocacy
Family Support
Supported Employment
Financial Management
Residential Support
The Arc Community Center

www.arc-spokane.org



SPOKANE FATHERS NETWORK

"A powerful voice for fathers of children with special needs & their families"

The Spokane Fathers Network provides a time for fathers to come together and share the joys, challenges, values, and ideas of raising our children with special needs.

The SFN meets the 3rd Saturday of each month at:
Frankie Doodles Restaurant – 30 E. 3rd Ave—10:00 a.m.

Come join us and see what this unique group is all about!

For more information contact Gregg Osborne at 509-768-1383

**Spokane Father's Network
& Spokane County Parent Coalition**

ANNUAL FAMILIES' PICNIC & BBQ

July 19th 11:30—2:00 p.m.

Thornton Murphy Park 3105 E 27th Ave

We will supply the burgers, hot dogs, & drinks
You bring a salad or desert to share
Prizes, Games & Activities for Kids



For families who have children and adults with special needs and developmental disabilities.

Please RSVP to Deanna at 509-328-6326 or dnoland@arc-spokane.org

Autism Society of Washington Conference

Announcing **conference scholarship** opportunities from the Autism Society of Washington in memory of Katie Dolan and Bernice Williams.

If you are a current member of ASW, you can apply for one of a variety of scholarships to attend the Southeastern Washington Autism Conference. (See below about how to become an ASW member.) The conference features Temple Grandin and Paula Kluth and will be held in Kennewick, Thursday July 31st and Friday August 1st. Breakout sessions include:

Making Educational Decisions

Byrna Siegel, Ph.D.

A Land We Can Share: Literacy with ASD

Paula Kluth, Ph.D.

Teaching Social Skills

Billie Davis, Ph.D.

Collaborative IEPs, Working as a Team

Kellie Horn, M.S.

Helping Children with Autism to Learn

Byrna Siegel, Ph.D.

Special Education Law and Discipline Issues

Kerry Feeny, Esq.

Managing Anxiety in Adolescents and Young Adults

Elaine Duncan, M.A., LMHC

Family Routines and Goals

Kellie Horn, M.S.

Developing Talents

Temple Grandin, Ph.D.

Functional Behavior Assessments

Dr. Noelia Garcia

Video Modeling to Build New Skills

Eva Baharav, Ph.D.

Community Inclusion

Sherry Mashburn, Washington PAVE

2:30-3:45pm

Fathers Only Support Session

Leader, Gregg Schell - Washington Father's Network

Individualized Behavior Support Plans

Dr. Noelia Garcia

Video Modeling to Introduce New Behaviors

Eva Baharav, Ph.D.

Using Visual Structures

Erin Olsen, M.A.

ASW has two full scholarships that are available to parents and individuals on the spectrum.

The Katie Dolan Memorial Scholarship and the Bernice Williams Memorial Scholarship: These are two full scholarships which cover conference registration and Thursday night lodging.

In addition there are ten scholarships for parents or individuals on the spectrum which cover registration only. (registration \$100) Also, there are 10 scholarships for teachers available (\$50 toward registration cost).

Complete the attached application and either email them to Patty at pattyjgee@comcast.net, fax in to 360.705.0052 or mail to the ASW address below. Applications are due by July 5th. Scholarship recipients will be asked to provide some volunteer time at the conference. ASW will be hosting a desert/dance on Thursday night and an ASW annual meeting lunch on Friday.

To become a member of ASW go to www.autismsocietyofwa.org or mail a check payable to ASW at:

Autism Society of WA

C/O Patty Gee

1101 Eastside St. Suite B

Olympia WA 98501

*Individual \$15 - *Family \$30 - *Professional \$50)

For more information about the conference:

www.SpectrumTrainingSystemsInc.com

Southeastern Washington Autism Conference

Thursday, July 31 - Friday, August 1, 2008

Keynote Speakers:

Temple Grandin, Ph.D.

Paula Kluth, Ph.D.

Presented By:

The Neurological Resource Center

Kadlec Foundation

Carson Kolzig Foundation

Location:

Three Rivers Convention Center

Kennewick, WA

Settlement Stops the Unlawful Segregation of Students with Autism from the Public School Grounds

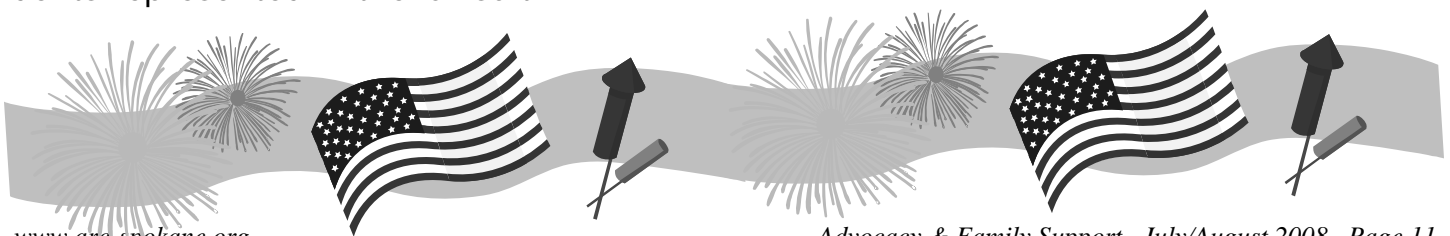
Washington, DC (June 18, 2008) – With a challenge to its refusal to allow eight students with autism to be educated on school grounds pending in a federal court of appeals, the Bremerton School District entered into a settlement agreement with their parents and the State of Washington that allows the students to return to public school in the fall, to be educated alongside their non-disabled peers as federal law requires.

The students all voluntarily reside within the school district at the Francis Haddon Morgan Center (FHMC), a state-run institution for people with developmental disabilities. They had previously received their education in Bremerton public schools. The federal lawsuit was brought by the students in response to a plan to segregate the educational services of these students to the institution, instead of providing the services in a public school. **Disability Rights Washington**, a federally funded disability rights organization, filed the lawsuit on behalf of the students, saying that taking these youths out of public school violated state and federal education and anti-discrimination laws. "Every day that the students were kept out of the public school harmed them, and harmed their non-disabled peers, by denying both of them the opportunity to learn in a diverse and natural environment. This kind of discrimination is an issue that has been coming up increasingly around the State and around the country," says **Regan Bailey**, Director of Legal Advocacy for DRW.

Joining DRW on appeal to represent the students was **Seth Galanter**, a lawyer from **Morrison & Foerster** who took on the case pro bono. "It's ironic that this case had to be filed in Washington, where the nation's first special education law was enacted over 30 years ago," commented Galanter. "This agreement shows that school districts, working with parents and with state officials, can reach practical solutions that protect the rights of all students," he concluded.

Evidence submitted in the case showed that the students were harmed by the move to a classroom in the institution and by the isolation from their schoolmates. One of the parents' lawyers, **David Carlson**, Associate Director of Legal Advocacy at Disability Rights Washington, said, "These students have the right to develop and flourish alongside all the other students in the public-school system and to single them out as the only students who were not allowed to attend class at the local school was blatantly discriminatory."

"Brianna needs to interact in society - not to be segregated. She starves and desires to be a part of the school community, and that would not have happened without this lawsuit," commented Janet Littlefield, aunt and guardian of one of the eight disabled students represented in the lawsuit.



QUICK-LOOK CALENDAR

JULY 2008

- 6 Soap Box Derby
- 15 DDD Stakeholder meeting
- 19 Arc family BBQ
- 31 SE WA Autism Conference



AUGUST 2008

- 1 SE WA Autism Conference (cont.)
No Senior Parent's/Parent's For Life mtg.
No newsletter for August
- 20 NAC Golf Challenge

SEPTEMBER 2008

- 10-11 Elder Abuse Conference
- 15-16 Affordable Housing Conference
- 18 Legislative Reception
- 22-21 Special Education & the Law Conference
- 24-26 Valued Lives Conference

Wachovia Dealer Services 2008 Golf Challenge

Meadowood Golf Course
August 20, 2008

To benefit Northwest Autism Center

Contact: NAC (509) 328-1582
@ www.nwautism.org

HUNDREDS OF THOUSANDS OF INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES ARE WAITING FOR SERVICES

Hundreds of thousand of children and adults with developmental disabilities are sitting at home with aging parents and guardians, losing school-taught skills, while waiting for state and federal funding for services. Parents and children are held "prisoner" in their current state of residence because to move would require them to lose services or their place in a wait list, and then have to start at the bottom in another state.

NOEWAIT - the National Organization to End the Waitlist, considers this a disgrace. Parents and advocates from across the country are joining together in a collaborative effort to bring national attention to waitlists and service portability between states, and find national solutions.

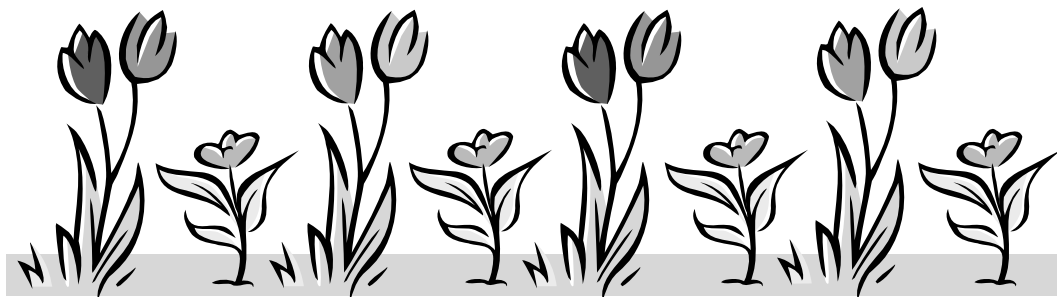
As a leader in Developmental Disabilities, we know you share our concerns. Join us as we develop coalitions among parents, advocacy organizations, service organizations and state wait list campaigns in uniting our efforts through NOEWAIT to end waitlists and gain portability of services.

Please see our website at <http://www.noewait.net>

We look forward to your positive response. Please email us at Noewait@Noewait.net .

Thank you.

Denver C. Fox, Ed.D.
Moderator
NOEWAIT



Supported Employment in State Government Manager

(Reference Code 12330e, careers.wa.gov)

This position will be appointed under Washington Management Service, Band 1, in the classification of Vocational Rehabilitation Statewide Program Administrator

Salary: WMS Range of Consideration \$54,103 - \$67,629

Agency Information:

The Supported Employment in State Government (SESG) Program assists individuals with significant disabilities in obtaining supported employment positions within any agency of state government. The Department of Social and Health Services (DSHS) shares responsibilities with the Department of Personnel (DOP) to help coordinate and provide technical assistance to state agencies that participate in the SESG Program. The role of DSHS is to market the program and assist state agencies in successfully establishing and hiring supported employment positions.

The SESG program is for individuals who:

- Experience a "significant disability," as defined in the federal Rehabilitation Act of 1973;
- Require supported employment in order to perform a job successfully; and
- Have a source of long term support (either on or off the worksite) that will assist the individual in maintaining satisfactory job performance.

Within DSHS, the Division of Vocational Rehabilitation, Division of Developmental Disabilities, and Mental Health Division share roles for carrying out the departments overall SESG responsibilities. The Division of Vocational Rehabilitation (DVR) has the lead role for appointing and supervising the department's SESG Manager.

Duties:

The Supported Employment in State Government Manager reports to the DVR Assistant to the Director, and is responsible for:



Informing Families

Building Trust

A Partnership for Better Communication
on Developmental Disabilities Issues in Washington State

May 28, 2008

Individual and Family Services Program

Announcing the Availability of Funding

Thanks to last year's successful passage of the Individual and Family Services Act, the Division of Developmental Disabilities was appropriated \$4.9 million to serve nearly 1,300 additional families by the end of June 2009 and to combine all existing family support programs into one.

The good news is that funding is still available to serve more families in need of services to support their family member at home. The funding amount per family is based on assessed need and ranges between \$2,000-\$6,000 per year for approved services.

Individual and Family Services assist families in care giving roles, reduce the risk of going into crisis, and help their loved ones live safer, healthier lives. Funding for Individual and Family Services can be used to provide a variety of supports, including:

- ◊ Respite Care
- ◊ Additional Therapies
- ◊ Home & Vehicle Modifications
- ◊ Equipment
- ◊ Behavior Management
- ◊ Excess Medical Costs & Co-Pays
- ◊ Training
- ◊ Parent/Sibling Education
- ◊ Counseling
- ◊ Recreational Opportunities



If you are providing support to a family member with a developmental disability and are interested in receiving support services, please contact your DDD Case Resource Manager.



Need Help Finding a Respite Provider?

Many families report having a hard time finding someone to provide respite services. In addition to your DDD Case Resource Manager, the **Home Care Referral Registry** can help with the search. The Registry is a statewide database of In-Home Providers that's available for anyone receiving Medicaid-funded services. Based on your specific needs and preferences, The Home Care Referral Registry can create a list of pre-screened, pre-qualified individual providers available to work in your part of the state.



To access the Registry, complete and application request, or speak to Registry staff, call 1-800-970-5456 to be connected to the nearest office.

For more information about Informing Families, Building Trust, visit: www.informingfamilies.org

Autism Society Of Washington

MOCHA MEETING

No Information for July and August

Rocket Market
726 E. 43rd

Monthly Meeting

No Information for July and August

St. Luke's Rehab Institution
711 S. Cowley, Room 200
Open Forum Discussion

More info: spokane@autismsocietyofwa.org

Teen/Young Adult Social Group

Bring a game to play
Will resume again in September
Service Station Coffee House
9317 N. Nevada

Autism 209

No Information for July and August

ESD 101 Video Link
4202 S. Regal Conference Room

Adults with Asperger's Social Group

No Information for July and August

Contact: Spokane@autismsocietyofwa.org to get on our
Notification list

For more information

Spokane@autismofwa.org

For more information:

Spokane@autismsocietyofwa.org

Parent to Parent Monthly Support Group



Open to any parent or
Guardian who has a child
with special needs.

Tuesday, July 22 6:30-8pm

No meeting in August

**Northeast Community Center
4001 N. Cook**

Contact: Terry Villalovoz, 328-6326

Down Syndrome Family Network

SUPPORT GROUP

This is a terrific opportunity for support and networking.
Children are always welcome.

Meets every Wednesday 9:30 - 11:30am

Garland Alliance Church,
2011 W. Garland Ave., Spokane

Contact: *Carolee Spradley, (509) 499-8792*

BREAKFAST RENDEZVOUS

Saturday, August 9 9:00 a.m.

This no-host breakfast is a great way to start
your weekend. Bring the kids!

Jenny's Restaurant, 9425 E. Sprague Spokane Valley

Contact: *Carolyn Wright, (509) 455-7439*

For more information or to be added to the
Down Syndrome Family Network email list..

Contact: Carolyn Wright at 455-7439

Senior Parent Support Group & Parents For Life Support Group

A support group for parents who have an adult
son or daughter with a developmental disability.

**No meeting in July or August
Summer break, see you in September**

The Arc/IERR Building, 116 W. Indiana Ave.
Contact: Deanna Noland, (509) 328-6326

Evergreen Spina Bifida Support Group

Call for meeting time and location.

Come discuss issues that effect persons with
spina bifida and their family and friends.

Contact: Ed Kennedy,
(509) 326-6355

Spokane Fathers Network

For fathers of children with special needs.

No meeting in July. Please attend BBQ July 19

Saturday, August 16 10am

Frankie Doodle's

30 East 3rd Ave., Spokane

Contact: Gregg Osborne, (509) 768-1383

All new material or changes to existing materials **must**
be made by the **20th** of the month preceding publication
for inclusion in newsletter.



Soap Box Derby!

Spokane Rotary East is sponsoring a soap box derby especially for kids with developmental disabilities. Leo Finnegan, has been racing soap box cars for years in the Seattle area, and has built a number of cars designed to take a passenger so that children with developmental disabilities could enjoy the thrill of a downhill, soap box race. He's been holding races on the west side for a number of years now, and Spokane Rotary East is hosting one here this summer.

The drivers are local kids of the same age, and lunch will be provided for families. There are some size restrictions for participants, so any questions should be sent to Stan or Gene Brazington below.

So far, they don't have anyone signed up, so for anyone who is interested, this is the time. I believe the number of races is somewhat limited. If you could help get the word out, I'm sure Leo would appreciate it. Below are the details.

DATE: Sunday, July 6, 2008
TIME: 8:30 a.m. to 1:00 p.m.
LOCATION: Pavilion Park on Molter Road
Liberty Lake, WA
CONTACT: Stan Brazington at (509) 990-9599 or
Gene Brazington at (509) 220-9664



Please Join Us!



Non-Profit
Organization
U.S. Postage
PAID
Spokane, WA
Permit #223

Arc - Spokane
127 W. Boone Ave
Spokane, WA 99201